



CAMBRIDGE
SENIOR LIVING

THE CAMBRIDGE CHRONICLES

September 2019

info@cambridge.care

Hello, Fall!

WOW, summer was sure gone in a flash this year! The past few months have seen a period of tremendous growth and excitement here at Cambridge as we have continued admitting new residents and developing strategic partnerships to best serve our staff, residents, and their families.

One such relationship is that with Marshfield Clinic and Dr. Bekkum who will be regularly rounding at Cambridge. This partnership strengthens health outcomes while instilling everything we care deeply about – a personal and proactive healthcare approach!

Finally, we are excited to announce that our very own Angie Parenteau has been inspired by her long-term care journey and has decided to further her education in long-term care Administration. Angie is transitioning with us to a new position: Administrator In-Training. If you see

Angie, be sure and congratulate her on this exciting step forward - we love seeing our team excel!

Thank you for staying in touch, and we look forward to bringing you additional exciting news soon!

Heather Micek, VP



“When Only the Best Will Do”



A Look Back...

We have had so much fun getting to know our wonderful residents over the past few months, and our robust Life Enhancement calendar gives us plenty of opportunities to do so! We love seeing everyone come out of their shell to participate in activities a little bit outside their comfort zone - that's how we grow! Check out these snapshots from just a handful of the fun events we've hosted lately.



Residents Jerry & Charlotte Paulsen enjoying the festivities during our Daiquiri Day celebration!



Celebrating National Hot Fudge Day on July 25th with treats from Yogurt Blenz in Rice Lake! CSL resident Dewayne's (pictured) daughter & son-in-law own the frozen yogurt shop & were kind enough to provide us with yummy treats!



Community Resource Director, David sporting his favorite team colors for the first NFL game.



JoAnn & Charlotte whipping up some treats during "Bake It Up"



Everyone enjoying their frozen yogurt on July 25th!



A little "monkey business" ensued after this guy was delivered during an exciting game of Yahtzee one afternoon! Here is Dorothy posing with him.

Focus On: RestoreYOU Program



Meet Victoria Corton, Cambridge's RestoreYOU Director and Certified Occupational Therapy Assistant. In her position, she assists residents with the tasks of their daily lives and works in tandem with all departments at CSL to ensure the residents stay as independent and mobile as possible.

Victoria is also our Serenity Salon & Spa Specialist, helping residents relax in a calming atmosphere during their spa experience. When not making a difference in the lives of our residents, she enjoys photography, hiking, fishing, and swimming.

Victoria has been with Cambridge Senior Living since January of 2019, and looks forward to creating and implementing the RestoreYOU program with the aid of her therapy background. Victoria is a graduate from WITC Rice Lake, with a degree in Occupational Therapy Assistance.



Cambridge's Grand Bath located within our onsite spa.

RestoreYOU in Action!



Victoria is shown here, working with Cambridge resident Martha on some simple exercises.

If you would like to stay up to date on daily news and happenings at Cambridge Senior Living, check out our social media pages on Facebook, Instagram, LinkedIn, and Pinterest!

Cambridge on TV!

If you tune in to Fox 25/48 or MeTV, you may see some familiar faces! Back in July, we had a crew onsite shooting footage for a TV commercial to air over the next few months. Our staff and residents had a great time being TV stars for the day, and the finished product turned out GREAT! You can see the finished product on Facebook, and check out two of our star actresses below!



The Cambridge Summer Celebration Fundraiser

The staff and residents at Cambridge came together to put on an AMAZING fundraiser for the Alzheimer's Association back on August 23rd. We had a Walking Taco Bar, basket raffles, live music, and more! We had a fantastic turn out, and in total, we raised a whopping \$1568 for the cause! Our staff and some residents are looking forward to walking Rice Lake's Walk to End Alzheimer's on September 14th to continue to show our support, and we look forward to holding an even bigger and better fundraiser next fall!



Upcoming Events

SEPTEMBER

Cholesterol Education Month
Prostate Cancer Awareness Month

9/8 - Happy Grandparents Day!

9/11 - Patriot's Day

9/14 - Rice Lake Walk to End
Alzheimer's

9/18 - National Cheeseburger Day

9/20 - Live Music by Dick Hinke
(2pm)

9/26 - National Pancake Day

9/27 - Fall Festival Party with Live
Music by The Singing Bus Driver
(2pm)



As the weather cools down, we will sure miss beautiful days on our patio!

RECURRING EVENTS

Many of our Life Enhancement (LE) activities are held several times a month or even weekly! Check out some of those events below:

Skip Bo - Held every Sunday at 4pm

Bake it Up! - Held every Monday at 3pm

Cardio Dance - Held every Tuesday at 2:15pm
(FREE and open to the community!)

Bingo - Held every Wednesday at 2pm

Football Talk - Held every Thursday at 2:15pm

Movie Night - Held every Friday at 7pm

Yahtzee - Held every Saturday at 2pm

If you would like to see a full calendar with each of our daily events listed, please reach out to Angie Parenteau via email at life.enhancement@cambridge.care!



Everyone loves BINGO! Held weekly on Wednesdays at 2pm.

OCTOBER

Breast Cancer Awareness Month

10/1 - Resident and Staff Birthday
Celebration

10/4 - Live Music by Jack Gorski (2pm)

10/9 - Free Hearing Screenings

10/11 - Live Music by Randy Hanson
(2pm)

10/16 - Boss' Day

10/18 - Live Music by The Singing Bus
Driver (2pm)

10/25 - Live Music by Dick Hinke

10/31 - Happy Halloween!

Upcoming Events (Continued)

NOVEMBER

- 11/1 - Resident and Staff Birthday Celebration
- 11/1 - Live Music by Jack Gorski (2pm)
- 11/8 - Live Music by Lenore Berg & Band (2pm)
- 11/15 - Live Music by Dick Hinke (2pm)
- 11/22 - Live music by The Singing Bus Driver
- 11/28 - Happy Thanksgiving!
- 11/29 - Live Music by Dick Hinke (2pm)

DECEMBER

- 12/6 - Live Music by Dick Hinke (2pm)
- 12/20 - Live Music by Dick Hinke (2pm)
- 12/23 - Ugly Sweater Day
- 12/25 - Merry Christmas!
- 12/27 - Live Music by The Singing Bus Driver (2pm)
- 12/31 - Happy New Year's Eve!



Cambridge volunteer Kathryn always enjoys her singalong sessions with the residents! She visits every other Tuesday at 10am.

Thanks for staying in touch! If you or someone you know would like to be added to our email list, please reach out to Kelsey Deetz via phone at 715.495.5093 or email; brandexec@cambridge.care. Have a wonderful fall, everyone!

Birthday Celebrations

Please join us in wishing a very HAPPY BIRTHDAY to the following members of our Cambridge Family who celebrated with us recently!

- Mariane Jone** - 6/19 (Clinical Care Assistant)
- Joy Mani** - 6/22 (Cambridge EdU Instructor)
- Evelyn Hauck** - 6/23 (Resident)
- Maurita Oduor** - 6/23 (Clinical Care Assistant)
- Jerry Paulsen** - 6/30 (Resident)
- George Folt** - 7/8 (Resident)
- JoAnn Sykes** - 7/9 (Resident)
- Laurie Peterson** - 7/10 (Clinical Care Assistant)
- Kathylee Sigsworth** - 7/14 (Clinical Care Assistant)
- Samantha Marshall** - 7/16 (Administrative Assistant / Customer Care Specialist)
- Jessica Nadeau** - 7/16 (Clinical Care Assistant)
- Stephanie Selzler** - 7/18 (Clinical Care Assistant)
- Beverly Norelius** - 7/21 (Resident)
- Patricia Ewald** - 7/25 (Clinical Care Assistant)
- Lilias Winegar** - 8/3 (Resident)
- Kelly Mueller** - 8/24 (Clinical Care Assistant)
- Dewayne Daniels** - 8/25 (Resident)
- Carolyn Bauer** - 8/25 (Clinical Care Assistant)
- Judy Colbert** - 8/31 (Resident)
- Crystal Braden - 8/31 (Clinical Care Assistant)

